

Ciaga™ Fruit & Herbal Blend **Wellness comes naturally.**



Ciaga™ is more than fruit juice or a blend of juices. It is more than a nutritional supplement or health drink. With astounding antioxidant levels and natural compounds for cardio/immune maintenance,* Ciaga is like no other juice blend ever created.

Ciaga combines some of the most exotic ingredients on earth with fruits and berries known for their nutritional value, to produce wholesome, all-natural goodness. Nikken Kenzen™ food experts developed a blend of all-natural juices and extracts that offers exceptional nutrition, can help sustain good health — and will make you feel alive.

The essence of healthy nutrition

- Whole foods
- Organically grown in rich soils
- Prepared using techniques that preserve nutrients

Ciaga is derived from whole foods — the philosophy behind Nikken Whole foods supplements. Whole-food nutrition begins with the understanding that the human body is designed to live in harmony with our original, natural environment.

The organic fruits, berries, herbs and more that go into Ciaga are selected to help restore balance between the body and nature.

The ingredients in Ciaga are grown in regions with rich, alluvial soil, vastly different from commercial growing areas that have been depleted of natural elements. These ingredients are prepared using techniques that safeguard their natural goodness. Precise temperature and humidity controls ensure that natural phytonutrients are preserved. Special processes are used to help protect the nutrients.

And unlike some juice products, Ciaga contains no preservatives, and is never pasteurised or heat-treated.

Unique formula

- Five elements of support
- Nutrients found in fresh fruit

What is in Ciaga?

One serving combines an abundance of organic fruits, herbs and extracts. C-I-A-G-A is a five-part recipe for good health:

Cardiovascular — ingredients in Ciaga support the heart and cardiovascular system.*

Immune — Ciaga can help in maintaining a strong immune system.*

Antioxidants — these are known to protect against free-radical damage and support the body's natural defences.*

Gastrointestinal — a healthy GI tract improves nutrient absorption and also sustains many other physiological functions.*

Adaptogenic — Ciaga offers nutrients and herbs that can assist the natural physical response to managing stress.*

Is drinking Ciaga the next best thing to eating fresh fruits? Kenzen nutrition scientists say it is better. Because the natural juices of pomegranate, cherry, blueberry, noni, aloe vera, goji and brown rice extracts are only some of the components in Ciaga. It is rich in organic phytonutrients, flavonoids and polysaccharides.

Antioxidants and more

- High in antioxidants
- Combined with unique cardio/immune blend

Medical science recognises the benefits of a diet that includes foods containing antioxidants. These compounds help protect the body against damage from free radicals — unstable molecules that react chemically and can damage a living organism.*

Antioxidants are found in many foods. Not all of them are foods you would be likely to consume on a daily basis. But Ciaga offers impressive levels of antioxidants in every serving.

Science has established a laboratory test to measure the antioxidant potential of any food or drink — the ORAC scale. ORAC is short for *oxygen radical absorbency capacity*.

Researchers have found that Ciaga offers antioxidant levels far higher than many other juice or health drinks that promote their antioxidant value.

Even more exceptionally, Ciaga combines this antioxidant intensity with its unique mix of ingredients for cardiovascular and immune system support.* Known as the Antioxidant/CI blend, it's in no other juice supplement — only in Ciaga.

A synthesis of juices

- •Liquid nutrition
- •A combination of juice blends
- •Designed for absorption

Our bodies thrive on liquids. One of the most effective — and popular — ways to enjoy good nutrition is in a health drink.

But many juice products are a single juice or extract. Others may contain the juice of a few fruits or berries. Ciaga is a combination of fruit and berry juices, plus other nutrients, that create a synergistic blend of nutrition and flavour.

The organic, natural nutrients in Ciaga are readily recognised and metabolised by the human body, for maximum absorption and nutritional benefit.

Undiluted and natural

- •All juice and solids
- •No added water
- •Cold-processed, no preservatives

Check the contents of some juice drinks — even health drinks — and you'll discover that they are not all juice. Far from it. Some offer as little as 10 or 20 percent actual juice. The rest is added water. Some products even contain added sugar.

Ciaga is 100 percent juice and nutrient solids. There is no water added. You can enjoy Ciaga in its full strength. Or, if you prefer a lighter drink, mix your favourite beverage with Ciaga.

It is especially delicious when combined with Nikken PiMag™ water. This kind of water, discovered decades ago in Japan, is known as “the water of life.” Nikken PiMag Water Technology uses special ceramics, sea corals and natural minerals to reproduce the environment where this water was discovered. The result is PiMag water — a Nikken exclusive. Pi concentrate is in Ciaga and PiMag water can add to its enjoyment.

The cold-process method used to make Ciaga helps to preserve nutrients that can be destroyed by heat. The lack of preservatives keeps it all natural. Ciaga stays fresh with refrigeration.

The taste of Ciaga speaks for itself. This is good nutrition that everyone will enjoy. Try Ciaga and you'll see.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.